CHEESE SAUCE

(1 pouch)

Nutrition Facts

nutri	lion	F d	CLS
Serving Size Servings Pe	-		ry
Amount Per Ser	ving		
Calories 80	Calor	ies from	Fat 20
		% Da	aily Value*
Total Fat 2.	5g		4%
Saturated	Fat 1.5g		8%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium 370	Dmg		15%
Total Carbo	hvdrate	11a	4%
Dietary Fil	-		0%
Sugars 6g			
Protein 2g			
Protein 29			
Vitamin A	2% •	Vitamin O	: 0%
Calcium	10% •	Iron	0%
*Percent Daily calorie diet. Yo lower dependir	ur daily val	ues may be	higher or
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat		20g	25g
Cholesterol	Less than	300mg	300mg
Sodium		2,400mg	
Total Carbohyd	rate	300g	375g
Dietary Fiber		25g	30g
Calories per gra	m: Fat 9 •	Carbs 4 •	Protein 4

INGREDIENTS:

Whey, cheddar cheese (cheddar cheese [pasteurized milk, salt, culture, annatto, enzymes], whey, partially hydrogenated soybean oil, maltodextrin, salt, blue cheese (pasteurized milk, salt, culture, enzymes), natural flavor, lactic acid, natural wine flavor, citric acid, disodium inosinate and disodium guanylate, yellow 5, yellow 6 [contains less than 2% silicon dioxide]), cheddar cheese (cheddar cheese [pasteurized milk, salt, cheese culture, enzymes], whey, buttermilk, salt, natural flavor [contains less than 2% silicon dioxide]), modified food starch, onion powder, lactic acid.

Contains allergens: Milk.

FAJITA SEASONING

(1 pouch)

Amount Per Serving					
Calories 10	0	Calo	ries fror	n Fat O	
			% D	aily Value [,]	
Total Fat Og	g			0%	
Saturated	Fat (0g		0%	
Trans Fat	0g				
Cholesterol	Omg	9		0%	
Sodium 160	mg			7%	
Total Carbo	hvdr	ate	2a	1%	
Dietary Fil	-		-9	4%	
		y		4/0	
Sugars Og	1				
Protein Og					
Vitamin A	0%	•	Vitamin (C 0%	
Calcium	2%	•	Iron	2%	
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					
calorie diet. Yo	ur dail	y val	ues may be	e higher o	
calorie diet. Yo	ur dail	y val your	ues may be	e higher o	
calorie diet. Yo lower dependir Total Fat	ur dail; ng on y Calc Less t	y val your ories than	ues may be calorie nee 2,000 65g	e higher or eds. 2,500 80g	
calorie diet. Yo lower dependir Total Fat Saturated Fat	ur daily ng on y Calc Less t Less t	y val your ories than than	ues may be calorie nee 2,000 65g 20g	e higher or eds. 2,500 80g 25g	
calorie diet. Yo lower dependir Total Fat Saturated Fat Cholesterol	ur dail ng on y Calc Less t Less t	y val your ories than than than	ues may be calorie nee 2,000 65g 20g 300mg	e higher or eds. 2,500 80g 25g 300mg	
calorie diet. Yo lower dependir Total Fat Saturated Fat	ur daily ng on y Less t Less t Less t Less t	y val your ories than than than	ues may be calorie nee 2,000 65g 20g	e higher of eds. 2,500 80g 25g 300mg 2,400mg	

INGREDIENTS:

smoke flavor, silicon dioxide).

Garlic powder, onion powder, cumin, sea salt, black

pepper, chili lime seasoning (salt, citric acid, chili pepper, child inte seasoning (stat, citre acid, child pepper, maltodextrin, extractives of paprika, silicon dioxide, and natural flavor), cilantro, mesquite

smoke flavor (potato maltodextrin, mesquite

FREEZE-DRIED CHICKEN

(1 pouch)

Nutrition Facts || Nutrition Facts

Serving Size: 1/4 Cup (15g) Dry Servings Per Container: 8					
Amount Per Serving Calories 70 Calories from Fat 5					
Calories 70		Cald			
	_		% Da	aily Value*	
Total Fat 0.	.5g			1%	
Saturated	Fat	0g		0%	
Trans Fat	0g				
Cholesterol	30r	ng		10%	
Sodium 15m	ng			1%	
Total Carbo	hydı	rate	0g	0%	
Dietary Fil	ber (0g		0%	
Sugars Og	1				
Protein 14g					
Vitamin A	0%	•	Vitamin 0	0%	
Calcium	0%	•	Iron	2%	
calorie diet. Yo	*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.				
	Cal	ories	2,000	2,500	
Total Fat Saturated Fat	Less Less		65g 20g	80g 25g	
Cholesterol Sodium Total Carbohyd			300mg 2,400mg 300g		
Dietary Fiber			25g	30g	
Calories per gra	m: Fa	nt 9 •	Carbs 4 •	Protein 4	

INGREDIENTS:

Freeze-dried cooked chicken dices

ENCHILADA

SAUCE (1 pouch)

Nutrition Facts Serving Size: 1 Tbsp (5g) Dry Servings Per Container: 16 Amount Per Serving Calories 20 Calories from Fat 5 % Daily Value* Total Fat 0.5g 1% Saturated Fat Og 0% Trans Fat Og Cholesterol Omg 0% Sodium 180mg 8% Total Carbohydrate 3g 1% Dietary Fiber 1g 4% Sugars Og Protein 1g Vitamin A 6% • Vitamin C 0% Calcium **0%** • 2% Iron *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol 300mg Less than 300mg Sodium Less than 2,400mg 2,400mg Total Carbohydrate 300g 375g 25g Dietary Fiber 30g Calories per gram: Fat 9 • Carbs 4 • Protein 4

INGREDIENTS:

Chili powder (chili pepper, less than 2% silicon dioxide), modified food starch, chicken stock (corn syrup solids, salt, corn starch, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, parsley, silicon dioxide), non-iodized salt, garlic powder, cumin, ancho chili (chili pepper, less than 2% silicon dioxide), oregano

Contains allergens: Soy.

REFRIED

BEANS

(2 pouches)

Nutrition Fact	5
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Serving Siz Servings P			up (30g) Di iner: 8	ry
Amount Per Se	erving			
Calories 11	o c	alo	ries from F	at 10
			% Daily	Value*
Total Fat 1	g			2%
Saturated	l Fat	0g		0%
Trans Fat	0g			
Cholestero	l Om	g		0%
Sodium 40	0mg			17%
Total Carb	ohydı	ate	e 19g	6%
Dietary F	iber (5g		24%
Sugars O	g			
Protein 6g				
Vitamin A	0%		Vitamin C	0%
Calcium	4%	•	Iron	8%
	our dai	ly va	e based on a lues may be hi	

lower depending on your calorie needs. 500

SALSA

(1 pouch)

Nutr Serving Siz				
Servings P	er Co	ntai	ner: 32	
Amount Per S	erving			
Calories 5		Calo	ories from	n Fat O
			% Da	ily Value*
Total Fat	0g			0%
Saturate	d Fat	0g		0%
Trans Fa	t Og			
Cholester	ol Om	g		0%
Sodium 75	5mg			3%
Total Carb	ohydi	rate	1g	0%
Dietary F	iber	0g		0%
Sugars C)g			
Protein Og	3			
Vitamin A	2%	•	Vitamin C	6%
Calcium	0%	•	Iron	0%
*Percent Dail calorie diet. N lower depend	′our dai	ly va	lues may be	higher or

SHREDDED COLBY CHEESE

(1 pouch)

Nutri Serving Size	e: 1 Tbs	p (8g) Dry	
Servings Pe		ainer: 16	
Calories 30	5	ulas fuero	Fat 25
Calories 30	Calc		
		% Da	ily Value [*]
Total Fat 2.	5g		4%
Saturated	Fat 1.5	g	8%
Trans Fat	0g		
Cholesterol	- 10ma		3%
			2%
Sodium 50	3		
Total Carbo	hydrat	e Og	0%
Dietary Fi	ber Og		0%
Sugars Oc	1		
Protein 2g			
Vitamin A	2% •	Vitamin C	0%
Calcium	6% •	Iron	0%
*Percent Daily calorie diet. Yo lower dependir	ur daily v	alues may be ur calorie need	higher or
Total Fat	Less tha	_,	
Saturated Fat		5	80g 25g
Cholesterol	Less the	5	
Sodium	Less tha	n 2,400mg	
Total Carbohyd	rate	300g	3759
Dietary Fiber		25g	309

SPANISH RICE

(1 pouch)

Nutrition Facts

Serving Size: 1/4 Cup (57g) Dry Servings Per Container: 8

Amount Per Se	erving					
Calories 2	00	Cal	ories	from	Fat	5
				% Dail	y Valu	ıe*
Total Fat).5g				1	%
Saturated Fat Og 0%					%	
Trans Fat	: 0g					
Cholestero	l On	ng			0	%
Sodium 73	0mg	I			30	%
Total Carb	ohyd	Irate	• 43g	I	14	%
Dietary F	iber	1g			4	%
Sugars 1	9					
Protein 5g						
Vitamin A	8%	•	Vita	min C	60)%
Calcium	2%	•	Iron		10	9%
*Percent Daily calorie diet. Y lower depend	our da	aily va	lues m	ay be h	igher	

Calor

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohyd	rate	300g	375g
Dietary Fiber		25g	30g
Calories per gra	m: Fat 9 •	Carbs 4 •	Protein 4

INGREDIENTS:

Refried beans (pinto beans, salt, palm oil).

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohyd	rate	300g	375g
Dietary Fiber		25g	30g
Calories per gra	m: Fat 9 •	Carbs 4 •	Protein 4

INGREDIENTS:

glycosides), jalapeño pepper powder.

INGREDIENTS: Tomato powder, onions, tomato flakes, garlic powder, sea salt, xanthan gum, crushed red chiles, cilantro, stevia sweetner (erythritol and steviol

Colby cheese (pasteurized milk, cheese cultures, salt, enzymes, annatto [vegetable color], may contain cellulose to prevent caking, may contain calcium propionate as a preservative).

Contains allergen: Milk.

Total Fat Less than 65g 80g Saturated Fat Less than 20g 25g Cholesterol Less than 300mg 300mg Less than 2,400mg 2,400mg Sodium Total Carbohydrate 300g 375g 30g Dietary Fiber 25g Calories per gram: Fat 9 • Carbs 4 • Protein 4

INGREDIENTS:

Rice (parboiled long grain rice, enriched with ferric orthophosphate [iron], niacin, thiamin mononitrate [thiamin], and folic acid [folate]), chicken stock (corn syrup solids, salt, corn strach, hydrolyzed corn and soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate and disodium guanylate, spices, turmeric, parsley, silicon dioxide), red and green diced bell peppers, onion powder, tomato powder, cumin, non-iodized salt.

Contains allergen: Soy.

TACO

TVP

(1 pouch)

Nutri	tion	Fa	cts
Serving Siz Servings Pe			Dry
Amount Per Sei	rving		
Calories 14	0 Calor	ies from	Fat 50
		% Da	aily Value*
Total Fat 6	g		9%
Saturated	Fat 1g		5%
Trans Fat	0g		
Cholestero	Oma		0%
Sodium 85	•		35%
		10	
Total Carbo	•	lug	3%
Dietary Fi	ber 5g		20%
Sugars 3g	9		
Protein 14g	1		
Vitamin A	2% •	Vitamin 0	: 0%
Calcium	8% •	Iron	15%
*Percent Daily calorie diet. Yo lower dependi	our daily val	ues may be	higher or
	Calories	2,000	2,500
Total Fat	Less than	5	-
Saturated Fat		20g	-
Cholesterol Sodium		-	-
Total Carbohyc		2,400mg 300g	
Dietary Fiber		25a	
		209	
Calories per gra	m: Eat 0	Carbs 4	Drotoin 4

INGREDIENTS:

Textured vegetable protein (soy flour, caramel color, soybean oil, salt, autolyzed yeast, spices, dextrose, onion, garlic, paprika).

Contains allergen: Soy.

CORN CHIPS

(1 pouch)

Nutr	itic	on	Fa	cts
Serving Siz Servings P				Dry
Amount Per S	erving			
Calories 3	5	Calo	ories from	n Fat 5
			% Da	aily Value*
Total Fat	0g			0%
Saturate	d Fat	0g		0%
Trans Fa	t Og			
Cholester	ol Om	q		0%
Sodium O	ma	<u> </u>		0%
Total Carb	-	rate	8a	3%
Dietary F			09	4%
Sugars C		.9		-170
	-			
Protein 1g				
Vitamin A	0%	•	Vitamin 0	
Calcium	2%	•	Iron	0%
*Percent Dail calorie diet. Y lower depend	our dai ding on	ly val	ues may be	higher or
Total Fat Saturated Fa		than	5	
Saturated Fa		than than	. 5	. 5
Sodium			2,400mg	-
Total Carbohy	/drate		300g	375g
Dietary Fibe	r		25g	30g
Calories per g	ram: Fa	nt 9 •	Carbs 4 •	Protein 4

INGREDIENTS:

Corn flour (corn masa flour, trace of lime).

TORTILLAS (3 pouches)

Nutri							
Serving Size: 1 Tortilla (27g) Dry Servings Per Container: 16							
Amount Per Serving							
Calories 100 Calories from Fat 0							
			% Da	aily Value*			
Total Fat Og							
Saturated Fat Og							
Trans Fat Og							
Cholesterol Omg 0%							
Sodium 170mg							
Sodium 170mg7%Total Carbohydrate 20g7%							
Dietary Fiber Og							
Sugars Og							
Protein 3g							
Vitamin A	0%	•	Vitamin (C 0%			
Calcium	0%	•	Iron	8%			
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							
	Cal	ories	2,000	2,500			
Total Fat	Less						
Saturated Fat			20g	. 0			
Cholesterol	Less			-			
Sodium Total Carbohyd		tnan	2,400mg 300g				
Dietary Fiber	are		25g	-			
-		+ 0					
Calories per gram: Fat 9 • Carbs 4 • Protein 4							

INGREDIENTS:

Bleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid, enzyme), sea salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate).

Contains allergen: Wheat,

SCRAMBLED EGGS WITH **IMITATION BACON FLAVORED BITS** (1 pouch)

Nutri	tic	on	Fa	cts			
Serving Size: 2 Tbsp (12g) Dry Servings Per Container: 12							
Amount Per Serving							
Calories 60 Calories from Fat 35							
			% Da	aily Value*			
Total Fat 4	6%						
Saturated	5%						
Trans Fat Og							
Cholesterol 160mg							
Sodium 110mg 5%							
Total Carbohydrate 2g 1%							
Dietary Fiber Og 0							
Sugars Og							
Protein 4g							
Vitamin A	4%	•	Vitamin 0	0%			
Calcium	6%	•	Iron	4%			
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.							
	Cal	ories	2,000	2,500			
Total Fat		than	65g	80g			
Saturated Fat			20g	25g			
Cholesterol Sodium	Less		300mg 2,400mg				
Total Carbohvd		uidfi	2,400mg 300a				
Dietary Fiber			25g				
Calories per gram: Fat 9 • Carbs 4 • Protein 4							

INGREDIENTS:

Egg mix (whole egg, nonfat dry milk, vegetable oil, [soy or corn] and salt), imitation bacon flavored bits (textured vegetable protein [soy flour, caramel color, FD&C Red #3], soybean oil, salt, natural flavoring).

Contains allergens: Milk, eggs and soy.







